

3. EURAWASSER Trinale

Seite 1 / 2

19.07.2025 - 19:33:17

Viertelfinale 1 am 19.07.2025

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Ak	Differenz		Swim		Bike		Run		Endzeit	
1	14	Thiem, Jandirk	Ratzeburger SV - Triathl	81	M40	1	4:49	11	3:58	1	11:32	1	6:47	5	27:06
2	3	Pieper, Silke	Zeppelin-Team OSC Pot	70	W55	1	1:41	3	5:53	10	13:05	8	7:11	7	27:50
3	12	Tomuschat, Heiko	SG03 Triathlon	80	M45	1	4:47	10	4:47	6	12:36	6	6:01	1	28:11
4	15	Bremer, Johannes	Leistungsdiagnostik-Rost	88	M35	1	5:30	13	4:17	3	12:22	4	6:10	2	28:19
5	16	Schönke, Christian	Tri-Sport Schwerin	89	M35	2	5:30	13	4:45	5	11:53	3	6:15	3	28:23
6	8	Nickel, Jens	TG triZack Rostock	66	M55	1	3:51	5	4:38	4	12:31	5	7:30	10	28:30
6	10	Schoen, Matthias	Rostock	75	M50	1	4:14	9	5:03	7	11:41	2	7:32	11	28:30
8	17	Ulbricht, Arno	SV Berolina e.V.	88	M35	3	5:30	13	4:09	2	13:07	10	6:42	4	29:28
9	9	Themann, Mario	TG triZack Rostock	67	M55	2	3:51	5	6:04	11	13:05	8	6:51	6	29:51
10	2	Habel, Nicole	SV Berolina e.V.	89	W35	1	1:26	2	5:23	9	14:23	12	8:50	13	30:02
11	13	Selig, Enrico	TC Fiko Rostock	85	M40	2	4:49	11	5:20	8	12:45	7	7:28	9	30:22
12	5	Michels, Sven	Tri Fun	64	M60	1	2:55	4	6:12	12	13:46	11	7:42	12	30:35
13	1	Assmus, Susanne	TriSport Schwerin	65	W60	1		1	6:59	15	15:13	14	9:09	15	31:22
14	6	Knapik, Roman	SportFreigang	66	M55	3	3:51	5	6:13	13	14:46	13	7:16	8	32:06
15	7	Mizera, Maik	Güstrow	68	M55	4	3:51	5	6:55	14	16:20	15	9:01	14	36:07

Viertelfinale 2 am 19.07.2025

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Ak	Differenz		Swim		Bike		Run		Endzeit	
1	31	Geserick, Olaf	1.TCO die Bären	68	M55	1	3:51	5	4:24	2	12:34	3	7:03	6	27:52
2	42	Jäger, Tim	Ratzeburger SV - Triathl	89	M35	1	5:30	15	4:17	1	11:42	1	6:33	3	28:02
3	32	Berger, René	Zeuthen	73	M50	1	4:14	6	5:29	7	12:17	2	7:21	9	29:21
4	27	Meißner, Theresia	Potsdam	92	W30	1	2:22	2	5:50	8	13:53	9	7:34	11	29:39
5	40	Maibohm, Arne	Lichtenhagen	92	M30	1	5:13	12	5:07	5	13:34	7	6:04	1	29:58
6	35	Fischer, Michael	Tra1lbois Rostock	80	M45	1	4:47	9	4:58	3	13:11	4	7:17	8	30:13
7	30	Wieding, Jasmin	Bernauer Lauffreunde	99	W25	1	3:10	4	6:26	10	13:22	5	7:41	12	30:39
8	38	Haack, Christoph	Güstrow	82	M40	1	4:49	11	5:59	9	13:28	6	6:33	3	30:49
9	33	Boden, Michael	LSV Teterow	71	M50	2	4:14	6	6:40	13	13:45	8	7:00	5	31:39
10	41	Mizera, Reno	Rostock	97	M25	1	5:27	14	5:23	6	14:01	10	7:06	7	31:57
11	37	Quandt, Jens	SSV	79	M45	2	4:47	9	5:06	4	14:42	12	7:28	10	32:03
12	34	Brendler, Steffen	HSVMB	71	M50	3	4:14	6	6:27	11	14:29	11	8:38	13	33:48
13	29	Thiede, Karsten	Triathlonfuchse Osterbur	62	M60	1	2:55	3	6:30	12	14:50	13	10:07	15	34:22
14	39	Egger, Martin	Empor Pfeilstorch e.V.	91	M30	2	5:13	12	8:01	14	15:45	14	6:31	2	35:30
15	26	Naumann, Maike	RST Lübeck	81	W40	1	2:16	1	8:26	15	17:32	15	8:44	14	36:58

Viertelfinale 3 am 19.07.2025

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Ak	Differenz		Swim		Bike		Run		Endzeit	
1	59	Raelert, Michael	TG triZack Rostock	80	M45	1	4:47	8	-	-	-	-	21:11	-	25:58
2	65	Winkelmann, Thomas	TG triZack Rostock	82	M40	1	4:49	11	3:51	2	11:48	1	5:40	1	26:08
3	52	Sachtleber, Kai	1. TCO "Die Bären"	71	W50	1	1:46	2	4:35	4	12:53	4	7:32	7	26:46
4	66	Weu, Dennis	TG triZack Rostock e.V.	91	M30	1	5:13	13	3:48	1	12:29	3	6:04	2	27:34
5	62	Wermann, Cornelius	TriSport Schwerin	76	M45	2	4:47	8	4:25	3	12:27	2	7:13	4	28:52
6	63	Wolf, Marc	HSG Uni Greifswald	78	M45	3	4:47	8	5:13	5	13:42	6	8:04	9	31:46
7	54	Mohncke, Mathea	Güstrow	94	W30	1	2:22	4	6:22	6	14:58	9	8:20	10	32:02
8	64	Häußler, Sten	TC Fiko Rostock	82	M40	2	4:49	11	7:24	8	13:32	5	7:02	3	32:47
8	53	Kaiser, Patricia	Prenzlau	82	W40	1	2:16	3	8:27	12	14:40	7	7:24	6	32:47
10	60	Wolf, Henning	Tri Fun Güstrow	74	M50	1	4:14	7	7:27	9	14:47	8	7:17	5	33:45
11	57	Steinberg, Jörg	Hoppenrade	65	M60	1	2:55	5	7:36	10	15:27	10	8:02	8	34:00
12	58	Woitas, Jessie	Prenzlau	96	W25	1	3:10	6	7:08	7	16:55	11	10:32	11	37:45
13	51	Schwarzer, Andrea	Güstrow	77	W45	1	54	1	8:09	11	18:30	12	11:57	12	39:30

Viertelfinale 4 am 19.07.2025

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Ak	Differenz		Swim		Bike		Run		Endzeit	
1	77	Vollstedt, Andrea	Hamburg	71	W50	1	1:46	2	4:43	2	13:32	9	7:39	11	27:40
2	83	Münchow, Torsten	MTV Müden/Örtze	72	M50	1	4:14	7	5:15	5	12:14	2	6:21	1	28:04
3	88	Grimm, Folke	Lübeck	92	M30	1	5:13	12	4:37	1	12:26	5	6:34	6	28:50
4	91	Hinrichs, Maurice	SV Großhansdorf	98	M25	1	5:27	15	4:49	3	12:25	4	6:29	3	29:10
5	90	Wolff, Torsten	Zeppelin-Team OSC Pot	91	M30	2	5:13	12	5:32	7	12:04	1	6:29	3	29:18
6	92	Köhler, Christoph	Gnemern	90	M35	1	5:30	16	5:05	4	12:18	3	6:26	2	29:19
7	87	Habl, Christoph	Tri Fun	82	M40	1	4:49	11	5:21	6	12:37	6	6:33	5	29:20
8	76	Rußbüldt, Gerald	Tri Fun Güstrow	56	M65	1	1:17	1	6:50	16	14:04	12	7:15	7	29:26
9	85	Reiche, Alexander	RC Schwedt	80	M45	1	4:47	8	5:44	8	12:46	7	7:28	9	30:45
10	82	Matthies, Carsten	TSV Schwerin	69	M55	1	3:51	5	5:44	8	-	-	21:26	-	31:01
11	80	Wiegand, Florentine	ITEB-Rostock	97	W25	1	3:10	4	5:55	11	14:59	14	7:34	10	31:38
12	86	Rußbüldt, Maik	Ruderclub Schwedt	76	M45	2	4:47	8	5:56	12	13:53	11	7:21	8	31:57
13	81	Löffler, Jens-Peter	1. FC Union Berlin	66	M55	2	3:51	5	6:22	13	13:29	8	8:41	14	32:23
14	89	Scholle, Hannes	MSC Waren e.V.	91	M30	3	5:13	12	5:47	10	13:49	10	7:45	12	32:34
15	84	Hagenstein-Farken, Jörg	Nienburg	78	M45	3	4:47	8	6:27	14	14:47	13	7:55	13	33:56
16	78	Techentin, Sarah	Kiel	03	W20	1	2:48	3	6:33	15	17:08	15	9:37	15	36:06

3. EURAWASSER Trinale

Seite 1 / 1

19.07.2025 - 19:39:09

Halbfinale 1 am 19.07.2025

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Ak	Differenz	Swim	Bike	Run	Endzeit		
1	14	Thiem, Jandirk	Ratzeburger SV - Triathl	81	M40	1	4:49 15	4:00 1	11:26 2	6:41 9	26:56	
2	42	Jäger, Tim	Ratzeburger SV - Triathl	89	M35	1	5:30 20	4:03 2	11:22 1	6:06 4	27:01	
3	31	Geserick, Olaf	1.TCO die Bären	68	M55	1	3:51 6	4:26 4	12:04 8	6:46 10	27:07	
4	15	Bremer, Johannes	Leistungsdiagnostik-Rost	88	M35	2	5:30 20	4:20 3	11:32 3	6:08 5	27:30	
5	12	Tomuschat, Heiko	SG03 Triathlon	80	M45	1	4:47 13	4:53 8	11:56 7	5:56 2	27:32	
6	3	Pieper, Silke	Zeppelin-Team OSC Pot	70	W55	1	1:41 2	6:05 19	12:57 15	7:04 15	27:47	
7	32	Berger, René	Zeuthen	73	M50	1	4:14 9	5:12 10	11:49 6	6:37 8	27:52	
8	10	Schoen, Matthias	Rostock	75	M50	2	4:14 9	5:20 11	11:42 4	6:50 12	28:06	
9	27	Meißner, Theresia	Potsdam	92	W30	1	2:22 3	5:45 16	13:16 17	6:46 10	28:09	
10	8	Nickel, Jens	TG triZack Rostock	66	M55	2	3:51 6	4:51 7	12:29 9	7:09 17	28:20	
11	16	Schönke, Christian	Tri-Sport Schwerin	89	M35	3	5:30 20	5:03 9	11:48 5	6:01 3	28:22	
12	40	Maibohm, Arne	Lichtenhagen	92	M30	1	5:13 18	4:49 6	12:54 14	5:50 1	28:46	
13	17	Ulbricht, Arno	SV Berolina e.V.	88	M35	4	5:30 20	4:29 5	12:47 10	6:17 6	29:03	
14	9	Themann, Mario	TG triZack Rostock	67	M55	3	3:51 6	6:15 20	12:52 12	6:50 12	29:48	
15	38	Haack, Christoph	Güstrow	82	M40	2	4:49 15	5:55 17	12:51 11	6:21 7	29:56	
16	2	Habel, Nicole	SV Berolina e.V.	89	W35	1	1:26 1	5:39 14	14:32 21	8:42 21	30:19	
17	30	Wieding, Jasmin	Bernauer Lauffreunde	99	W25	1	3:10 5	6:29 21	12:58 16	7:46 19	30:23	
18	13	Selig, Enrico	TC Fiko Rostock	85	M40	3	4:49 15	5:39 14	12:53 13	7:20 18	30:41	
19	5	Sven, Michels	Tri Fun	64	M60	1	2:55 4	6:00 18	13:59 20	7:48 20	30:42	
20	33	Boden, Michael	LSV Teterow	71	M50	3	4:14 9	6:40 23	13:55 19	6:58 14	31:47	
21	37	Quandt, Jens	SSV	79	M45	2	4:47 13	5:23 12	-	21:51	-	32:01
22	41	Mizera, Reno	Rostock	97	M25	1	5:27 19	5:25 13	14:38 22	7:07 16	32:37	
23	34	Brendler, Steffen	HSVMB	71	M50	4	4:14 9	6:34 22	13:47 18	9:00 22	33:35	
DNF	35	Fischer, Michael	Tra1lbois Rostock	80	M45	-	4:47 -	5:04 -	12:52 -	-	-	-

Halbfinale 2 am 19.07.2025

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Ak	Differenz	Swim	Bike	Run	Endzeit	
1	68	Raelert, Michael	TG triZack Rostock	80	M45	1	4:47 11	3:42 1	11:38 1	6:06 3	26:13
2	52	Sachtleber, Kai	1. TCO "Die Bären"	71	W50	1	1:46 2	4:44 5	12:51 13	7:21 17	26:42
3	65	Winkelmann, Thomas	TG triZack Rostock	82	M40	1	4:49 16	4:08 3	12:07 5	5:40 1	26:44
4	66	Weu, Dennis	TG triZack Rostock e.V.	91	M30	1	5:13 19	3:49 2	12:12 7	6:16 5	27:30
5	77	Vollstedt, Andrea	Hamburg	71	W50	2	1:46 2	4:46 7	13:50 17	7:23 18	27:45
6	83	Münchow, Torsten	MTV Müden/Örtze	72	M50	1	4:14 9	5:09 10	12:02 4	6:22 8	27:47
6	62	Wermann, Cornelius	TriSport Schwerin	76	M45	2	4:47 11	4:12 4	12:15 8	6:33 11	27:47
8	91	Hinrichs, Maurice	SV Großhansdorf	98	M25	1	5:27 22	4:58 8	11:47 2	6:12 4	28:24
9	92	Köhler, Christoph	Gnemern	90	M35	1	5:30 23	5:12 11	11:50 3	5:53 2	28:25
10	88	Grimm, Folke	Lübeck	92	M30	2	5:13 19	4:45 6	12:11 6	6:32 10	28:41
11	63	Wolf, Marc	HSG Uni Greifswald	78	M45	3	4:47 11	5:04 9	12:28 11	6:37 12	28:56
12	87	Habl, Christoph	Tri Fun	82	M40	2	4:49 16	5:28 14	12:23 9	6:21 7	29:01
13	85	Reiche, Alexander	RC Schwedt	80	M45	4	4:47 11	5:36 15	12:28 11	6:28 9	29:19
14	90	Wolff, Torsten	Zeppelin-Team OSC Pot	91	M30	3	5:13 19	5:24 12	12:25 10	6:20 6	29:22
15	76	Rußbüldt, Gerald	Tri Fun Güstrow	56	M65	1	1:17 1	7:21 21	13:48 15	6:59 13	29:25
16	82	Matthies, Carsten	TSV Schwerin	69	M55	1	3:51 8	5:27 13	13:48 15	7:44 20	30:50
17	64	Häußler, Sten	TC Fiko Rostock	82	M40	3	4:49 16	6:39 18	13:36 14	7:02 14	32:06
18	86	Rußbült, Maik	Ruderclub Schwedt	76	M45	5	4:47 11	6:09 16	13:59 18	7:12 15	32:07
19	53	Kaiser, Patricia	Prenzlau	82	W40	1	2:16 4	7:49 22	14:43 19	7:28 19	32:16
20	80	Wiegand, Florentine	ITEB-Rostock	97	W25	1	3:10 6	6:14 17	15:26 22	7:48 21	32:38
21	60	Wolf, Henning	Tri Fun Güstrow	74	M50	2	4:14 9	6:59 19	14:46 20	7:20 16	33:19
22	57	Steinberg, Jörg	Hoppenrade	65	M60	1	2:55 5	7:53 23	15:23 21	8:14 22	34:25
23	58	Woitas, Jessie	Prenzlau	96	W25	2	3:10 6	7:17 20	17:40 23	10:13 23	38:20
DNS	54	Mohncke, Mathea	Güstrow	94	W30	-	2:22 -	- -	- -	- -	-

3. EURAWASSER Trinale

Seite 1 / 1

19.07.2025 - 19:41:12

Finale am 19.07.2025

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Ak	Differenz		Swim		Bike		Run		Endzeit	
1	68	Raelert, Michael	TG triZack Rostock	80	M45	1	4:47	10	3:36	1	11:04	4	5:30	3	24:57
2	14	Thiem, Jandirk	Ratzeburger SV - Triathl	81	M40	1	4:49	14	3:56	3	11:00	2	5:45	6	25:30
3	42	Jäger, Tim	Ratzeburger SV - Triathl	89	M35	1	5:30	21	3:59	5	10:39	1	5:27	2	25:35
4	65	Winkelmann, Thomas	TG triZack Rostock	82	M40	2	4:49	14	3:57	4	11:21	6	5:35	4	25:42
5	31	Geserick, Olaf	1.TCO die Bären	68	M55	1	3:51	5	4:28	7	11:34	9	6:21	17	26:14
6	15	Bremer, Johannes	Leistungsdiagnostik-Rost	88	M35	2	5:30	21	4:16	6	11:08	5	5:25	1	26:19
7	62	Wermann, Cornelius	TriSport Schwerin	76	M45	2	4:47	10	4:31	8	11:03	3	6:01	11	26:22
8	52	Sachtleber, Kai	1. TCO "Die Bären"	71	W50	1	1:46	2	4:47	9	12:38	19	7:14	22	26:25
9	66	Weu, Dennis	TG triZack Rostock e.V.	91	M30	1	5:13	17	3:43	2	11:55	14	5:59	10	26:50
10	12	Tomuschat, Heiko	SG03 Triathlon	80	M45	3	4:47	10	4:56	13	11:50	12	5:37	5	27:10
11	27	Meißner, Theresia	Potsdam	92	W30	1	2:22	4	5:42	22	13:09	22	6:09	15	27:22
12	83	Münchow, Torsten	MTV Müden/Örtze	72	M50	1	4:14	7	5:09	18	11:55	14	6:05	12	27:23
13	77	Vollstedt, Andrea	Hamburg	71	W50	2	1:46	2	4:48	11	13:36	23	7:17	23	27:27
14	16	Schönke, Christian	Tri-Sport Schwerin	89	M35	3	5:30	21	4:53	12	11:27	7	5:46	7	27:36
15	10	Schoen, Matthias	Rostock	75	M50	2	4:14	7	5:12	19	11:33	8	6:39	19	27:38
16	8	Nickel, Jens	TG triZack Rostock	66	M55	2	3:51	5	4:59	14	12:09	17	6:50	20	27:49
17	32	Berger, René	Zeuthen	73	M50	3	4:14	7	5:36	21	11:53	13	6:08	14	27:51
18	3	Pieper, Silke	Zeppelin-Team OSC Pot	70	W55	1	1:41	1	6:05	23	12:55	20	7:12	21	27:53
19	92	Köhler, Christoph	Gnemern	90	M35	4	5:30	21	5:02	16	11:36	10	5:49	8	27:57
20	91	Hinrichs, Maurice	SV Großhansdorf	98	M25	1	5:27	20	5:03	17	11:38	11	6:17	16	28:25
21	88	Grimm, Folke	Lübeck	92	M30	2	5:13	17	4:47	9	12:04	16	6:37	18	28:41
22	87	Habl, Christoph	Tri Fun	82	M40	3	4:49	14	5:25	20	12:27	18	6:06	13	28:47
23	40	Maibohm, Arne	Lichtenhagen	92	M30	3	5:13	17	5:00	15	13:03	21	5:53	9	29:09
24	63	Wolf, Marc	HSG Uni Greifswald	78	M45	4	4:47	10	-	-	-	-	24:54	-	29:41

Blumentopf-Finale am 19.07.2025

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Ak	Differenz		Swim		Bike		Run		Endzeit	
1	89	Scholle, Hannes	MSC Waren e.V.	91	M30	1	5:13	8	4:01	2	13:01	1	6:54	2	29:09
2	6	Knapik, Roman	SportFreigang	66	M55	1	3:51	5	4:17	3	14:11	4	7:07	3	29:26
3	81	Löffler, Jens-Peter	1. FC Union Berlin	66	M55	2	3:51	5	4:37	4	13:09	2	8:32	4	30:09
4	1	Assmus, Susanne	TriSport Schwerin	65	W60	1	1	1	6:51	8	15:09	5	8:32	4	30:33
5	29	Thiede, Karsten	Triathlonfuchse Osterbur	62	M60	1	2:55	4	4:54	5	13:54	3	9:58	8	31:41
6	7	Mizera, Maik	Güstrow	68	M55	3	3:51	5	21:01	9	-	-	9:01	-	33:53
7	78	Techentin, Sarah	Kiel	03	W20	1	2:48	3	3:54	1	17:33	8	9:50	7	34:05
8	26	Naumann, Maike	RST Lübeck	81	W40	1	2:16	2	6:39	7	16:53	6	8:43	6	34:31
9	39	Egger, Martin	Empor Pfeilstorch e.V.	91	M30	2	5:13	8	6:02	6	17:28	7	6:12	1	34:55

3. EURAWASSER Trinale

19.07.2025

Gesamtergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Ak	AkRng	Differenz	Swim	Bike	Run	Endzeit	Finale
1	68	Raelert, Michael	TG triZack Rostock	1980	M45	1	00:04:47	00:03:36	00:11:04	00:05:30	00:24:57	Finale
2	14	Thiem, Jandirk	Ratzeburger SV - Triathlon	1981	M40	1	00:04:49	00:03:56	00:11:00	00:05:45	00:25:30	Finale
3	42	Jäger, Tim	Ratzeburger SV - Triathlon	1989	M35	1	00:05:30	00:03:59	00:10:39	00:05:27	00:25:35	Finale
4	65	Winkelmann, Thomas	TG triZack Rostock	1982	M40	2	00:04:49	00:03:57	00:11:21	00:05:35	00:25:42	Finale
5	31	Geserick, Olaf	1.TCO die Bären	1968	M55	1	00:03:51	00:04:28	00:11:34	00:06:21	00:26:14	Finale
6	15	Bremer, Johannes	Leistungsdiagnostik-Rostock.de	1988	M35	2	00:05:30	00:04:16	00:11:08	00:05:25	00:26:19	Finale
7	62	Wermann, Cornelius	TriSport Schwerin	1976	M45	2	00:04:47	00:04:31	00:11:03	00:06:01	00:26:22	Finale
8	52	Sachtleber, Kai	1. TCO "Die Bären"	1971	W50	1	00:01:46	00:04:47	00:12:38	00:07:14	00:26:25	Finale
9	66	Weu, Dennis	TG triZack Rostock e.V.	1991	M30	1	00:05:13	00:03:43	00:11:55	00:05:59	00:26:50	Finale
10	12	Tomuschat, Heiko	SG03 Triathlon	1980	M45	3	00:04:47	00:04:56	00:11:50	00:05:37	00:27:10	Finale
11	27	Meißner, Theresia	Potsdam	1992	W30	1	00:02:22	00:05:42	00:13:09	00:06:09	00:27:22	Finale
12	83	Münchow, Torsten	MTV Müden/Örtze	1972	M50	1	00:04:14	00:05:09	00:11:55	00:06:05	00:27:23	Finale
13	77	Vollstedt, Andrea	Hamburg	1971	W50	2	00:01:46	00:04:48	00:13:36	00:07:17	00:27:27	Finale
14	16	Schönke, Christian	Tri-Sport Schwerin	1989	M35	3	00:05:30	00:04:53	00:11:27	00:05:46	00:27:36	Finale
15	10	Schoen, Matthias	Rostock	1975	M50	2	00:04:14	00:05:12	00:11:33	00:06:39	00:27:38	Finale
16	8	Nickel, Jens	TG triZack Rostock	1966	M55	2	00:03:51	00:04:59	00:12:09	00:06:50	00:27:49	Finale
17	32	Berger, René	Zeuthen	1973	M50	3	00:04:14	00:05:36	00:11:53	00:06:08	00:27:51	Finale
18	3	Pieper, Silke	Zeppelin-Team OSC Potsdam	1970	W55	1	00:01:41	00:06:05	00:12:55	00:07:12	00:27:53	Finale
19	92	Köhler, Christoph	Gnemern	1990	M35	4	00:05:30	00:05:02	00:11:36	00:05:49	00:27:57	Finale
20	91	Hinrichs, Maurice	SV Großhansdorf	1998	M25	1	00:05:27	00:05:03	00:11:38	00:06:17	00:28:25	Finale
21	88	Grimm, Folke	Lübeck	1992	M30	2	00:05:13	00:04:47	00:12:04	00:06:37	00:28:41	Finale
22	87	Habl, Christoph	Tri Fun	1982	M40	3	00:04:49	00:05:25	00:12:27	00:06:06	00:28:47	Finale
23	40	Maibohm, Arne	Lichtenhagen	1992	M30	3	00:05:13	00:05:00	00:13:03	00:05:53	00:29:09	Finale
24	63	Wolf, Marc	HSG Uni Greifswald	1978	M45	4	00:04:47			00:24:54	00:29:41	Finale
25	17	Ulbricht, Arno	SV Berolina e.V.	1988	M35	5	00:05:30	00:04:29	00:12:47	00:06:17	00:29:03	Halbfinale
26	85	Reiche, Alexander	RC Schwedt	1980	M45	5	00:04:47	00:05:36	00:12:28	00:06:28	00:29:19	Halbfinale
27	90	Wolff, Torsten	Zeppelin-Team OSC Potsdam	1991	M30	4	00:05:13	00:05:24	00:12:25	00:06:20	00:29:22	Halbfinale
28	76	Rußbüldt, Gerald	Tri Fun Güstrow	1956	M65	1	00:01:17	00:07:21	00:13:48	00:06:59	00:29:25	Halbfinale
29	9	Themann, Mario	TG triZack Rostock	1967	M55	3	00:03:51	00:06:15	00:12:52	00:06:50	00:29:48	Halbfinale
30	38	Haack, Christoph	Güstrow	1982	M40	4	00:04:49	00:05:55	00:12:51	00:06:21	00:29:56	Halbfinale
31	2	Habel, Nicole	SV Berolina e.V.	1989	W35	1	00:01:26	00:05:39	00:14:32	00:08:42	00:30:19	Halbfinale
32	30	Wieding, Jasmin	Bernauer Lauffreunde	1999	W25	1	00:03:10	00:06:29	00:12:58	00:07:46	00:30:23	Halbfinale
33	13	Selig, Enrico	TC Fiko Rostock	1985	M40	5	00:04:49	00:05:39	00:12:53	00:07:20	00:30:41	Halbfinale
34	5	Sven, Michels	Tri Fun	1964	M60	1	00:02:55	00:06:00	00:13:59	00:07:48	00:30:42	Halbfinale
35	82	Matthies, Carsten	TSV Schwerin	1969	M55	4	00:03:51	00:05:27	00:13:48	00:07:44	00:30:50	Halbfinale
36	33	Boden, Michael	LSV Teterow	1971	M50	4	00:04:14	00:06:40	00:13:55	00:06:58	00:31:47	Halbfinale
37	37	Quandt, Jens	SSV	1979	M45	6	00:04:47	00:05:23		00:21:51	00:32:01	Halbfinale
38	64	Häußler, Sten	TC Fiko Rostock	1982	M40	6	00:04:49	00:06:39	00:13:36	00:07:02	00:32:06	Halbfinale
39	86	Rußbüldt, Maik	Ruderclub Schwedt	1976	M45	7	00:04:47	00:06:09	00:13:59	00:07:12	00:32:07	Halbfinale
40	53	Kaiser, Patricia	Prenzlau	1982	W40	1	00:02:16	00:07:49	00:14:43	00:07:28	00:32:16	Halbfinale
41	41	Mizera, Reno	Rostock	1997	M25	2	00:05:27	00:05:25	00:14:38	00:07:07	00:32:37	Halbfinale
42	80	Wiegand, Florentine	ITEB-Rostock	1997	W25	2	00:03:10	00:06:14	00:15:26	00:07:48	00:32:38	Halbfinale
43	60	Wolf, Henning	Tri Fun Güstrow	1974	M50	5	00:04:14	00:06:59	00:14:46	00:07:20	00:33:19	Halbfinale
44	34	Brendler, Steffen	HSVMB	1971	M50	6	00:04:14	00:06:34	00:13:47	00:09:00	00:33:35	Halbfinale
45	57	Steinberg, Jörg	Hoppenrade	1965	M60	2	00:02:55	00:07:53	00:15:23	00:08:14	00:34:25	Halbfinale
46	58	Voitas, Jessie	Prenzlau	1996	W25	3	00:03:10	00:07:17	00:17:40	00:10:13	00:38:20	Halbfinale
47	35	Fischer, Michael	Tra1lbois Rostock	1980	M45	8	00:04:47	00:05:04	00:12:52		DNF	Halbfinale
48	54	Mohncke, Mathea	Güstrow	1994	W30	2	00:02:22				DNS	Halbfinale
49	89	Scholle, Hannes	MSC Waren e.V.	1991	M30	5	00:05:13	00:04:01	00:13:01	00:06:54	00:29:09	Blumentopffinale
50	6	Knapik, Roman	SportFreigang	1966	M55	5	00:03:51	00:04:17	00:14:11	00:07:07	00:29:26	Blumentopffinale
51	81	Löffler, Jens-Peter	1. FC Union Berlin	1966	M55	6	00:03:51	00:04:37	00:13:09	00:08:32	00:30:09	Blumentopffinale
52	1	Assmus, Susanne	TriSport Schwerin	1965	W60	1	00:00:01	00:06:51	00:15:09	00:08:32	00:30:33	Blumentopffinale
53	29	Thiede, Karsten	Triathlonfuchse Osterburg	1962	M60	3	00:02:55	00:04:54	00:13:54	00:09:58	00:31:41	Blumentopffinale
54	7	Mizera, Maik	Güstrow	1968	M55	7	00:03:51	00:21:01		00:09:01	00:33:53	Blumentopffinale
55	78	Techentin, Sarah	Kiel	2003	W20	1	00:02:48	00:03:54	00:17:33	00:09:50	00:34:05	Blumentopffinale
56	26	Naumann, Maike	RST Lübeck	1981	W40	2	00:02:16	00:06:39	00:16:53	00:08:43	00:34:31	Blumentopffinale
57	39	Egger, Martin	Empor Pfeilstorch e.V.	1991	M30	6	00:05:13	00:06:02	00:17:28	00:06:12	00:34:55	Blumentopffinale
58	84	Hagenstein-Farken, Jörg	Nienburg	1978	M45	9	00:04:47				DNS	Blumentopffinale
58	51	Schwarzer, Andrea	Güstrow	1977	W45	1	00:00:54				DNS	Blumentopffinale